

Asumbi Treatment Centre is a public health care service of the Catholic Diocese of Homa-Bay under Caritas Homa-bay. Asumbi Treatment Centre (A.T.C.) is the oldest Rehabilitation Centre in South Saharan Africa which started way back in 1988 by Turberg Brothers in

Asumbi- Homabay.



Asumbi Homabay caters for both male and female and has a capacity of 70 clients and it has handled over 3600 clients to date.

Asumbi spread its wings and opened two other centres in Nairobi-

Asumbi Karen in May 2005, as a drug free treatment centre for chemically dependent persons, So far the centre has handled over 1600 clients from all over Kenya and neighboring countries.

The facility used to cater for both male and female up to December 2006, when it became a male only Institution. The total capacity is 38 clients.

Asumbi Ridgeway's in December 2006. The facility has a capacity of 40 clients. It caters for both male and female so far it has handled over 1400 clients.

Like Asumbi Ridgeway's, Asumbi Homabay caters for both male and female and has a capacity of 70 clients

ATC handles all forms of chemical dependency cases. The success rate is 65% -of those who enroll in the program and finish successfully without using drugs / alcohol in the centre. Each client is expected to stay for at least three months or more subject to the assessment carried out during the third month.

Clients are from self referrals, recovering addicts and referral centres, e.g. hospitals, churches, police stations and Psychiatric doctors.

The program runs for a minimum of 3 months fully residential. The centre organizes family sessions once in a month.

Our main focus is in spiritual and personal growth, social learning, lifestyle change, psychological and psychosocial growth, peer pressure, role modeling, self- pity, personal responsibility, reality confrontations and leveling. To achieve the above we use group and individual counseling and family therapy, the residential drug- free treatment approach, the therapeutic community is based on Alcoholic Anonymous, Narcotic Anonymous programme which has been successfully used as a treatment method and a fellowship for chemically dependent persons.

Our Vision

To realize self-fulfillment and social harmony for all the community members through sharing and caring for each other.

Our Mission

To continue reaching out to the substance users to create awareness, treatment and rehabilitation where need be and re-integrate them to their communities for a healthy nation.

Our Goal

The primary goal is to foster personal growth towards self- fulfillment of the individual client through social learning in a community of concerned people working together to help themselves and each other.

The treatment goal of the addicted person has to learn to function as a sick person and has to be taught step by step, how to function initially as a recovering person and finally as well person.